

***Embassy Suites Hotel & Spa
1000 Woodward Pl. NE
Albuquerque, NM 87102
Second Level***

***Hotel: 505-245-7100
Spa Direct: 505-353-5444***

www.SpaBotanicaNM.com



-----**Ambiance**-----

Spa Botanica invites you to experience superb facial and body treatments, performed by highly trained certified professionals eager to deliver a wonderful and memorable spa experience.

We offer Pevonia Botanica, a leading skin care brand, to ensure the ultimate guest experience and outstanding results. You will receive a warm welcome from our attentive staff as you relax and recharge your body and mind.

-----**Spa Etiquette**-----

*We respectfully ask that you leave cell phones turned off and lower your voice while you visit with us so that the tranquility of the spa may be preserved. We encourage you to arrive at least **15 minutes** prior to your scheduled appointment time to complete paperwork and enjoy our luxuriously appointed locker rooms. Please be prompt in your arrival, as all services will end on time and be charged in full, regardless of late arrival. Additionally, all spa guests must be 16 years of age or older to schedule a treatment.*

-----**Reservations and Cancellations**-----

So that each guest receives the best service possible, we ask that you call in advance to schedule an appointment. Walk-ins are welcome, but are available on a limited basis. To hold a reservation, we ask that you provide valid credit card information or a current gift certificate number. If you must cancel or change a reservation, we ask that you notify us at least 24 hours prior to your scheduled appointment time. A 50% charge will be applied for failure to follow this policy. No show appointments will be charged in full.

-----**Attire**-----

Arrive as you wish. Robes and slippers are provided while you relax with us, and lockers are available for day use. Please leave all valuables at home or in your guest room, as Spa Botanica cannot be held responsible for loss of personal items. To respect your modesty, you will be professionally draped during your services. Please let us know when making reservations if there will be any special needs that we may be assisting you with.

Gift certificates and other fine gifts available

For The Face

Each skin care service can be customized based on your skin's needs. Our facials provide deep-pore cleansing with gentle exfoliation, extractions, and a mask. You will also receive a soothing neck, shoulder, arm and hand massage.

Revitalize

This basic facial is designed to deeply cleanse and rebalance your skin. Ideal for all skin types, as products will be selected based on your skin's needs.

60 minutes \$95

Rejuvenate

This facial is designed to fight free-radicals and stimulate healthy cellular renewal. Formulated with Vitamins A, E, and D to combat premature aging, promote cell regeneration, and improve skin's texture. Ideal for dry, dehydrated, or mature skin types.

60 minutes \$125

Renew

This facial is designed to reduce the appearance of fine lines, strengthen elasticity, and counteract sun damage. Vitamin C and pure seaweed help build collagen, brighten skin, and restore a youthful appearance. Ideal for most skin types except very sensitive or allergenic skin.

60 minutes \$125

Hydrate

This balancing facial is designed to hydrate, heal, and nourish skin. Skin-firming seaweed combined with propolis, a natural antibiotic collected from bees, decongest and soothe skin. Ideal for most skin types especially dry, problematic, or sensitive skin.

60 minutes \$125

Calm

This gentle facial is specially designed for those with broken capillaries and rosacea. Green tea, chamomile, and French rose oil help protect hyper-sensitive skin and defuse redness. Skin feels hydrated with reduced sensitivity.

60 minutes \$125

Refresh

Freshen up dull tired skin with a mini facial and makeup application. This mini facial includes basic cleansing, toning, exfoliation, and a gentle face massage.

50 minutes \$75

Botanical Peel

By combining the resurfacing abilities of floral, lactic, and alphahydroxy acids with the healing properties of green tea, this treatment reduces oil production, controls acne, and minimizes inflammation on the skin's surface. Recommended for oily, problematic, or sun-damaged skin.

30 minutes \$65

Back Facial: Beautifying those who dare to bare

This thorough yet relaxing facial is a deep cleansing and de-stressing treatment specifically designed to hydrate and exfoliate your back.

50 minutes \$65

Spa Botanica's Signature Facials:

Illuminate

This high performance facial delivers an instant repair boost when you want to look your absolute best. Pevonia's exclusively formulated Lumafirm treatment features the latest in freeze-dried technology to deliver both instant and cumulative benefits. Kombucha, Sorghum, and peptides repair and redefine the facial contour, increase elasticity and firmness, and provide an immediate brightening effect.

70 minutes \$130

Youthful Vitality for Him

This high-tech men's facial delivers visible anti-aging results and promotes healthy skin. This stimulating treatment combines Caviar, Collagen, Elastin, Vitamin C, and Escutox to smooth wrinkles, firm skin, soothe irritability, and prevent ingrown hairs.

60 minutes \$130

Timeless Rejuvenation for Her

This opulent anti-aging facial lavishes your skin with the finest marine and botanical ingredients. Pevonia's Myoxy-Caviar concept is scientifically proven to smooth wrinkles, improve elasticity, and provide extreme hydration. Formulated with Escutox a topical natural alternative to Botox, 100% pure Caviar, and Pearl powder to effectively counteract aging and visibly improve deep wrinkles. By promoting the highest level of cellular renewal, skin's suppleness and hydration are dramatically increased while fine lines are reduced.

70 minutes \$160

Waxing Services

For best results do not shave or tweeze hair for at least one week prior to waxing. Hair length should be at least 1/4 inch long.

Facial Waxing

Eyebrow, upper lip, chin, cheeks, and more.

Starting at \$15

Body Waxing

Arms, chest, back, bikini, legs, and more.

Starting at \$25

Massage Therapy

Each massage service will be customized based on your individual needs. Our therapists use nourishing massage oils and creams, and end each session with soothing hot towels.

Relax: Swedish Massage

This soothing technique combines long, flowing strokes with light to medium pressure to ease muscle tension and promote relaxation.

*25 minutes \$50 80 minutes \$135
50 minutes \$85 120 minutes \$185*

De-Stress: Deep Tissue Massage

This intense therapeutic technique with firm pressure releases trigger points to relieve specific muscle pain and chronic tension.

*25 minutes \$60 80 minutes \$160
50 minutes \$100 120 minutes \$220*

Unwind: Aromatherapy Massage

This multi-sensory Swedish massage combines the sense of smell with the sense of touch for ultimate relaxation.

*25 minutes \$70 80 minutes \$160
50 minutes \$105 120 minutes \$230*

Unity: Couples Massage

Enjoy this relaxing Swedish massage for two in our couples' suite.

50 minutes \$170 80 minutes \$270

Balance: Warm Stone Massage

Heated basalt stones combined with Swedish techniques melt away tension and increase circulation allowing for a deeply relaxing experience.

*50 minutes \$110 120 minutes \$220
80 minutes \$165*

Mother-To-Be: Pre-Natal Massage

Beyond the first trimester, these gentle techniques nurtures you and your baby to help alleviate pregnancy related aches and pains.

50 minutes \$85

Body Treatments

These treatments help nourish the senses, re-mineralize the body and replenish moisture to the skin.

Signature Lavender Mint

Our signature lavender mint wrap will hydrate and detoxify your body with multi-sensory therapy. After an aromatic steam, your body is gently exfoliated with lavender mint sea salts and cocooned with pure seaweed, while a soothing scalp treatment is performed. Your treatment concludes with a silky veil of moisturizer, leaving skin soft and supple.

80 minutes \$150

Slim and Tone

This corrective and rejuvenating wrap is designed to improve the texture and appearance of your skin. The stimulating application of pure Green Coffee, naturally rich in Chlorogenic Acid, eliminates toxins and visibly reduces spongy, dimply, and cellulitic (not a word?) areas. Special moisturizers ensure skin is rendered hydrated and smooth with reduced signs of cellulite.

70 minutes \$135

Detoxify

This effective wrap activates blood circulation and eliminates unwanted fluids and toxins. After a light exfoliation, your body is wrapped with pure seaweed, and a gentle scalp massage is performed. A rich body moisturizer ensures skin surfaces are hydrated and restored.

Not recommended for expectant mothers or those prone to high blood pressure or iodine sensitivity.

70 minutes \$130

Replenish

Mineralize and nourish your body with this potent self-heating wrap. After a gentle body polish, you are cocooned with Arizona mud enriched with copper, calcium, iron, and magnesium. You will feel stress melt away with a gentle scalp massage and application of soothing moisturizer.

70 minutes \$130

Tranquility

This wrap provides hydration and deep relaxation for the body and mind. This anti-stress wrap begins with a soothing steam, followed by the application of warm essential oils. Enjoy a scalp massage while you are wrapped with aromatic linens. Your treatment concludes with a silky moisturizer to lock in hydration.

70 minutes \$105

Body Treatments (Continued)

Sun-Kissed

For a sun-kissed glow, enjoy our relaxing sunless tanning treatment. Includes a full-body exfoliation to soften and smooth skin and a professional application of our Pevonia Self-Tanning Emulsion. Skin exudes a flawless natural golden tan.

75 minutes \$100

Glow

Restore your skin's radiant glow with a light steam and exfoliating sea salt enriched with essential oils. Skin is left silky smooth and hydrated.

50 minutes \$80

Raindrop Therapy

Rediscover balance and wellness with this unique sensory Raindrop Therapy experience. Nine Young Living essential oils are applied to the soles of the feet and dripped onto the back in a raindrop fashion. The oils are gently brushed up the spine in light, sweeping strokes to promote balance and serenity for the mind and body while fortifying the immune system.

60 minutes \$100

Enhancements

Energize: Reflexology

This therapeutic technique focuses on the hands and feet to stimulate internal organs and increase circulation.

25 minutes \$40

Add to massage \$30

Bathing Pleasures

Enjoy a rejuvenating and relaxing private bath in our large whirlpool tub. To enhance your bath water, choose from: aromatherapy salts, detoxifying seaweed, or therapeutic moor mud.

50 minutes \$40

Steam

Relax and purify your aura with this private steam. Essential oils are used to provide relaxation as you inhale and detoxification as you exhale.

15 minutes \$15

Scalp Treatment

This dreamy pressure point scalp massage is performed with warm aromatherapy infused almond oil for ultimate hydration and complete scalp stimulation.

15 minutes \$15

Aromatherapy

Choose from our selection of essential oils to enhance any treatment. *\$20*

For The Hands

Classic Manicure

Treat your hands to a delightful soak, cuticle cleanup, nail shaping, and polish.

25 minutes \$25

Signature Manicure

This spa manicure will smooth and rejuvenate dry hands with an exfoliating scrub, nourishing mask, warm mittens, and a gentle massage.

50 minutes \$40

Deluxe Manicure

This lavish de-aging manicure is designed to brighten and enrich skin with Collagen, Elastin, and Vitamin C. Enjoy exfoliating sea salts, a rich yogurt mask, warm mittens, and a hydrating balm infused with mango and passion fruit extracts.

55 minutes \$50

Shellac Manicure

Enjoy 14 day chip-free high-gloss shine with this revolutionary nail color that wears like polish and lasts like a gel. Nails are meticulously prepped before a base coat, color coat, and top coat are professionally applied. Because Shellac is UV cured, there's zero dry-time. It helps protect and strengthen natural nails, and removes safely and easily in 10 minutes.

Color: *60 minutes \$40*

French: *75 minutes \$45*

For The Feet

Classic Pedicure

Experience a refreshing soak, light scrub, nail shaping, and polish.

40 minutes \$40

Signature Pedicure

This relaxing spa pedicure is designed to relieve tired feet and legs with an exfoliating scrub, hydrating mask, warm booties, and a soothing massage.

50 minutes \$55

Deluxe Pedicure

This ultimate de-aging pedicure is designed to rejuvenate skin with Collagen, Elastin, and Vitamin C. Enjoy exfoliating sea salts, a rich yogurt mask, and a hydrating balm all infused with mango and passion fruit extracts. You will also receive warm booties and a pressure point massage.

55 minutes \$75

Additions to the hands and feet:

French polish and polish change are available upon request. \$10

For The Eyes and Lips

Eye Renew “Fine Lines”

This intensive eye treatment is formulated with pure Marine Collagen to plump skin and smooth fine lines around the eyes.

With Facial \$30

Alone \$45

Eye Renew “Puffiness”

This anti-puffiness eye treatment is formulated with Ginkgo Biloba to reduce fatigue, cool and soothe the delicate eye area.

With Facial \$30

Alone \$45

Youthful Lip Treatment

This exceptional lip treatment is formulated with Retinol and Collagen to visibly smooth wrinkles and rejuvenate your lip contour.

With Facial \$30

Alone \$45

Makeup Services

Partial Makeup Application

Includes foundation, mascara, blush and lipstick.

25 minutes \$30

Full Makeup Application

Includes foundation, eye shadow, mascara, blush and lipstick.

45 minutes \$45

Bridal / Special Occasion

Long-lasting full makeover customized for photographs.

60 minutes \$60

Glo On The Go

Add this makeup touch-up to any service to enhance your eyes, cheeks, and lips for a flawless finish.

15 minutes \$15

Lash & Brow Tint

For truly defined eyes, have your lashes and brows professionally tinted with a color that suits you perfectly.

25 minutes \$20 each

Spa Botanica Packages

Spa Botanica's luxurious packages are designed to provide the ultimate in relaxation and pampering. The treatments are specifically chosen to bring forth mental, physical and spiritual well being.

Couples Romantic Rendezvous

Unity Massage
Rejuvenate Facial for Her
Youthful Vitality Facial for Him
Classic Manicure and Classic Pedicure for two
Six chocolate covered strawberries
3 hours 30 minutes \$485

Desert Enchantment

Rejuvenate Facial
Replenish Body Wrap
Relax Massage
Classic Manicure
Classic Pedicure
4 hours 30 minutes \$345

Tranquil Oasis

Unwind Massage
Tranquility Body Wrap
Classic Manicure
Classic Pedicure
3 hours 15 minutes \$235

Executive Retreat

Revitalize Facial
Relax Massage
Classic Manicure
2 hours \$145

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